



Kensington Group Practice

DONEGALL ROAD AND FINAGHY
Medical Centre

Christmas newsletter

24TH DECEMBER, 2021

Please note we will be closed for Christmas and Boxing day on Monday 27th and Tuesday 28th December, and also New Years Day on 3rd January.

If you have an urgent problem that cannot wait until we reopen at 8.30am the following day, you can contact GP Out of hours.

The GP Out Of Hours Service provides care for people in Belfast when their normal GP surgery is closed. It is not intended to replace normal GP services, but deals with urgent problems that cannot wait until your own GP is available. You should therefore only use this service if you are suddenly ill and you cannot wait until your GP's surgery is open.

South and East Belfast - 02890 796220

North and West Belfast - 02890 744447

Lisburn area - 02892 602204

Call 999 in an emergency. Chest pains and/or shortness of breath constitute an emergency.



Covid vaccinations continue to be available over the holiday period.



Please click on the picture on the left, for a brief video message from our Chief Medical Officer, Professor Sir Michael McBride, about why the Covid-19 Booster vaccine is so important now.

You may be aware that that the Covid-19 vaccine booster programme has been expanded to all adults, over the age of 18, for whom three months have passed since their second vaccine. If this applies to you, and you have not yet had your booster vaccine, we would encourage you to come forward and get one at the very earliest opportunity.



COVID-19 vaccine and booster >

Information on getting a COVID-19 vaccination or booster in Northern Ireland.

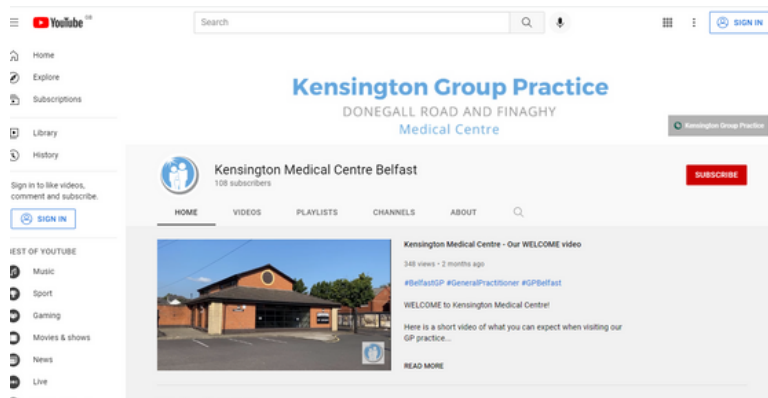
Please visit

<https://www.nidirect.gov.uk/articles/get-covid-19-vaccination-and-booster-northern-ireland> or click on the picture on the left, for details where you get your vaccine. There are appointments available at various centres throughout the province, on all days throughout the holiday period, except for Saturday 25th and Sunday 26th of December.

We also have some availability at our practice on Wednesday 5th and Thursday 6th of January (you can book these online under "Covid vacc") - although we would encourage you take up a vaccine at an earlier stage, if you can.



COVID VACC	Kmc Covid Clinic 1 (more)
COVID VACC	Kmc Covid Clinic 1 (more)
COVID VACC	Kmc Covid Clinic 1 (more)



Further content has been added to our YouTube playlist. Please click the picture to the left to check it out. We hope you find this information useful.

Contact tracing and self-isolation procedures have recently changed, please click on the picture to the right for information on what to do in particular cases.

Information for parents and carers

Everyone has a role to play in keeping our schools safe and helping to stop the spread of COVID-19. Please don't send your child to school if they have COVID-19 symptoms such as:

- a high temperature
- a new continuous cough
- loss of or change to their sense of taste or smell

If your child does not have symptoms of COVID-19 but has other cold-like symptoms, such as a runny nose, they do not need to be tested and they or members of your household do not need to self-isolate. Your child can attend school if fit to do so.

Contact tracing and self-isolation procedures have recently changed, so here's what to do in particular cases.

Contact tracing will be done by the Contact Tracing Service at the Public Health Agency (PHA). They will call from the number 028 9536 8888 – save the number in your phone so that you recognise it and please answer if they call.

Please click on the left to access the "Getting Weather ready" e-zine, which has a range of useful advice and information, including emergency contact details for a range of agencies.



Welcome to the Autumn/Winter 2021 edition of RCRG News

The 'Have a Wee Chat' leaflet and registration form provides information about how organ donation saves and transforms lives. Please click on the picture to the right.



All the staff at the practice would like to wish you a Merry Christmas and a peaceful New Year.